



LITTLE  
BROTHERS

The Extended Family  
for Lonely Elders

# Are You Lonely?



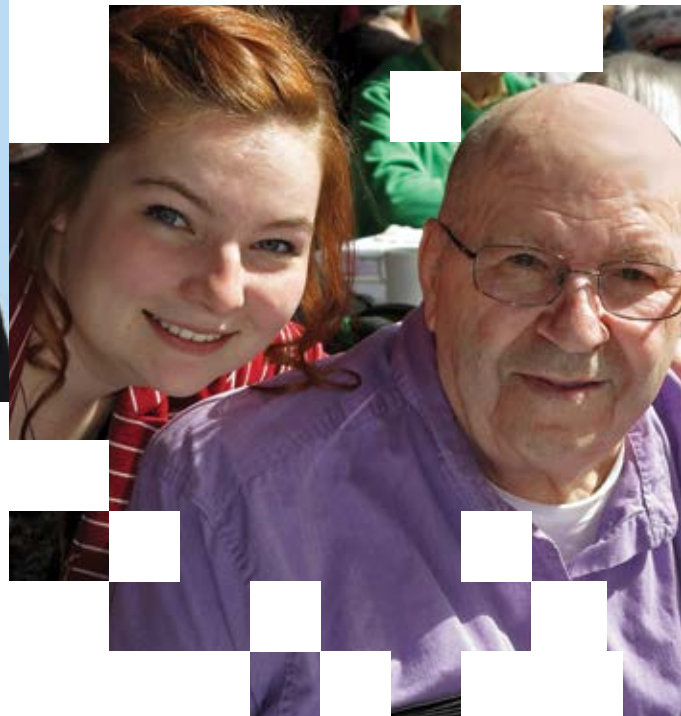
WE  
ARE HERE FOR  
YOU

## Is this you?

**You are 75 or older, you don't have any family or other sources of social support to turn to, and you feel isolated and left behind.**

You want to:

- Be loved, valued and appreciated
- Be important to someone
- Regain a sense of family
- Know that you have people to care for you, comfort you and listen to you.





## Join Little Brothers, extended family and:

- Develop meaningful friendships
- Have someone to share your everyday joys and sorrows with
- Receive one-on-one attention that will bring a ray of sunshine into your life
- Celebrate your birthday and holidays with people who care
- Draw comfort and strength in knowing that you will never be alone again
- Enjoy heartfelt support and companionship at no cost to you

## Our mission

To welcome and provide support to lonely elders by creating a caring, committed extended family around them, dedicated to alleviating their isolation and staying by their side throughout their remaining years.

Little Brothers has been changing lives throughout Québec for more than 50 years. We are proud to serve the following communities:

Lac-Mégantic

Laval

Lévis

Longueuil

Montréal (Pointe-de-l'Île, Centre and West Island)

Québec City

Rimouski

Saguenay

Saint-Eustache

Sherbrooke

Terrebonne

Thetford Mines

Trois-Rivières



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